



सत्यमेव जयते



आज़ादी का
अमृत महोत्सव

भारत सरकार
आयुष मंत्रालय

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Ministry of Ayush
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वैद्य राजेश कोटेचा

सचिव

Vaidya Rajesh Kotecha
Secretary

Dear Colleague,

D.O. No. M-16011/13/2022-YN
8th June, 2023

As you are aware the International Day of Yoga (IDY) is commemorated on June 21st every year with whole of Government approach with support from all Central Government Ministries and Departments and also in close co-ordination with various States/UTs and Yoga Institutions. It has been a worldwide celebration for the past 08 years and has effectively facilitated the global dissemination of the significance of practising Yoga for overall health and well-being and enduring sustainable lifestyle. I believe this year also we together will be able to conduct IDY '23 in a successful and monumental manner.

Various events have been organized to spread awareness about International Day of Yoga-100th, 75th, 50th, and 25th countdown events of IDY in New Delhi, Assam, Rajasthan, and Telangana respectively. I am happy to inform you that this year the main event will be held on June 21st, 2023, in Jabalpur, Madhya Pradesh, with Shri Jagdeep Dhankar, Hon'ble Vice President of India and will be telecast on Doordarshan from 6:00 AM to 7:45 AM.

The theme for this year is "Yoga for Vasudhaiva Kutumbakam". The Domestic tagline for IDY '23 is "Har Aangan Yog" being propagated to bring Yoga to every household at the grassroot level.

An indicative list of activities that can be undertaken by various Ministries/Departments and State/UT Governments is enclosed at Annexure-I. Further, Central Government Ministries/Departments and State/UT Governments are requested to take initiatives as considered appropriate by them and intimate to us for compilation and wide coverage.

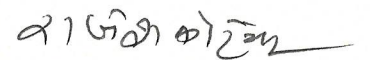
A handbook prepared by the Ministry having information of various activities/resources is enclosed at Annexure - II.

Looking forward to a grand gathering for the International Day of Yoga, 2023. For any assistance Shri Vikram Singh, Director, Ministry of Ayush (Email: vikramsingh-cea@gov.in, Ph. No. : 01124656863, Mob. No. : 09868893051) or Dr. I.V Basavaraddi, Director, Morarji Desai National Institute of Yoga (Email: dir-mdniy@nic.in, Ph. No. : 011-23711657, Mob. No. : 09810800289), may be contacted.

With regards,

Yours sincerely,

Encl: As Above


(Rajesh Kotecha)

To,

Secretaries of all Ministries/Departments of Government of India